Gleah H. Powers

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www.gleahpowerscoach.com & www.gleahpowers.com

CV

EDUCATION

Antioch University Los Angeles - MFA in Creative Writing 2007 Antioch University Los Angeles - BA 2005 UCLA Extension – Short Story Writing - Los Angeles, CA California Institute of the Arts - Studio Art, Writing, Dance, Theology - Valencia, CA University of the Americas - Studio Art, Anthropology, Dance - Puebla, MX Arizona State University - Studio Art - Tempe, AZ Paul Coze Art Studio - Apprentice to painter, public art muralist and sculptor Paul Coze - Phoenix, AZ

WRITING/ACTING/DANCE TRAINING

One Story – Short story workshop - online Judith Taylor - Fiction writing, Literature – Los Angeles, CA Santa Monica Writer's Conference – Santa Monica, CA LA Theatre Works – Playwriting – Los Angeles, CA Kate Braverman – Fiction writing – Los Angeles Beatrice Manley - Acting, Performance Art - Los Angeles, CA Herbert Bergoff Acting School – New York, NY Dance studios of Martha Graham, Alvin Ailey, American Ballet Theatre - New York, NY Dance studio of Bella Lewitsky - Los Angeles, CA

PUBLICATIONS – FICTION

KYSO Flash, Winter 2015; Red Savina Review, Fall 2013; Souvenir Lit Journal, Fall 2013; Prime Number Magazine online, January 2012; Prime Number Magazine Editors' Selections: Volume 2, 2012; Prime Mincer Literary Journal, Spring 2012; Lumina, Spring 2011; Southwestern American Literature, Fall 2010

PUBLICATIONS – POETRY

The Best of Vine Leave Literary Journal 2014 (anthology), riverSedge A Journal of Art and Literature, Fall 2014, Vine Leaves Literary Journal Issue 10, April 2014 online, Flatmancrooked's Slim Volume of Contemporary Poetics I, 2010; Naugatuck River Review: Summer 2010 Issue 4

PUBLICATIONS - ACADEMIC

The Paulinian Compass, the Journal of St. Paul University Manila, Philippines, Vol. 1, No. 2, June 2009, page 1, "The Body's Life in Fiction: An Analysis of Alison in Mary Gaitskill's novel, *Veronica*, Through the Lens of Continuum Movement."

WRITING

Fiction: Edna and Luna, novel: A Small New Life, short story collection. Short stories: "Time Travel," "Priouettes," "First Date," "Lucky Streak," "Alligator Dreams," "The Three Times I Saw My Father," "Abortos," "Art Lessons," "Pink Flamingos," "Afros," "Teeth and Eyes, Girls!" "A Small New Life." Poetry: "Working in New York," "Brighton Gardens," "In the Valley of the Sun," "Frozen," "Winter," "Cat Tongues," "Like Me," "Leaving Montana," "Speak Russian," "Voodoo Litigation," "Fluids," "A Life," "My Father," Drinking at Mabel Murphy's," "Pre-Linguistic Bones." Non-fiction: Drawing: A Natural Discovery (a "how to" drawing book for children). "Powers Movement": An Innovative Approach to Movement & Fitness," "An Experience of Rolfing." Plays/Monologues: Million Dollar Red, La Ciguena, Desert Solitaire I & II. Academic: "The Body's Life in Fiction: An Analysis of Alison in Mary Gaitskill's novel, Veronica, Through the Lens of Continuum Movement." Other: In the Valley of the Sun (a hybrid collection of poems, prose and creative non-fiction)

READINGS

Rhapsodomancy, Los Angeles, CA Antioch University Los Angeles, Culver City, CA Myrna Loy Center for the Arts, Helena, MT Boulder Hot Springs Arts, Boulder, MT Idyllwild Writers, Idyllwild, CA Fahrenheit 451 Books, Laguna Beach, CA Blue Marble Coffee House, Costa Mesa, CA

BOOK EDITING

I Feel Like I Don't Matter: Why You Feel That Way and How to Change It, Kathryn Tull M.A., MFT

THEATRE PRODUCTIONS

Million Dollar Red (a one-act play) Flying Cross Art Center, Laguna Beach, CA 1990 Highways Performing Arts Theatre, Santa Monica, CA 1990

PLAY READINGS

La Ciguena, L.A. Theatre Works, Los Angeles, CA 1993 Million Dollar Red, Desert Solitaire, Costa Mesa Library, Costa Mesa, CA 1993

AWARDS & HONORS

Finalist, *Split Lip Press* 'Turnbuckle Chapbook contest, 2015
Pushcart Prize nominee 2013
Recognized in "Notable Stories," Million Writers Award by *storySouth* 2013
Finalist in the Summer Literary Seminars Unified Fiction Contest, 2009, 2011, 2013
Awarded a month long writing residency at Starry Night Retreat Artist Residency, Truth or Consequences, NM, 2013
Awarded a grant from the Barbara Deming Memorial fund, May 2011
Awarded a two month writing residency at Vermont Studio Center, Johnson, VT, 2010

Gleah Powers

Awarded a two month writer's residency at Rancho Linda Vista art community, Oracle, AZ, 2009 Feature story, "News & Events," Antioch University Los Angeles website: "Gleah Powers Presents Paper in Hawaii," February 2009 Session Chair, Hawaii International Conference on Arts and Humanities, 2009 Presentation at the annual Hawaii International Conference on Arts and Humanities, 2009 Honorable Mention, *New Millennium Writings* winter short story competition, 2007-2008 Finalist, Sundance Feature Film Program, 1999

ART BIO

GROUP EXHIBITS

Antioch University Los Angeles, Culver City, CA, 2008 Highways Performing Arts Theatre, Santa Monica, CA, 1990 Los Angeles City Hall, Los Angeles, CA, 1990 The Alley Gallery, San Clemente, CA, 1990 Newport Harbor Art Museum, Newport Beach, CA, 1986 Laguna Art Museum, Laguna Beach, CA, 1986 Wild Blue Gallery, Los Angeles, CA, 1985 Orange County Center for Contemporary Art, Santa Ana, CA, 1984 The Women's Building, Los, Angeles, CA, 1984

SOLO EXHIBITS

Myrna Loy Art Center, Helena, MT 1995

STAGE SETS

Flying Cross Art Center, Laguna Beach, CA, 1990 Pipeline Theatre, Los Angeles, CA, 1984

ART PUBLICATIONS

Beyond Survival Magazine, Vol.2, No.3, 1990, Cover illustration *Beyond Survival Magazine*, March/April, 1989, Vol.1, No.6, page 6, Illustration *Beyond Survival Magazine*, Vol.1, No. 3, September/October 1988, page 12 Illustration *Beyond Survival Magazine*, Vol.1, No.2, June/July 1988, page 7 Illustration

EXHIBITION REVIEWS/ARTICLES

Jordan, Kacey, "The Alley Gallery": An artistic concept whose time has come," *The Daily Sun/Post*, Entertainment Section (March 23, 1990) p. 1 Mugge, Robert, "Don't Blame Mother," *The Independent Record*, Art Section (January 13, 1995), p. 9D

COLLECTORS

Myrna Loy Art Center, Helena, MT Holter Museum of Art, Helena, MT Boulder Hot Springs, Boulder, MT Cheyenne Oldham, Sydney, AU Kathryn Madrid, Newport Beach, CA Armando Noriega, Mexico City, MX F.X. Feeney, Los Angeles, CA Sue Hogan, New York, NY Ira Mathathia, New York, NY Nicole Becker, Fallbrook, CA Terri Haaga, Seattle, WA John Prince, Laguna Beach, CA Linda Davis, Santa Monica, CA

SOMATIC DISCIPLINES – TRAINING/CERTIFICATION/MEMBERSHIP

Human Design Analyst Training - online world wide
Great Life Technologies, WaveMaker Coaching – Carlsbad, CA, Certification
Aston Body Mechanics– Incline Village, NV, Certification
California College of Massage and Bodywork - Culver City, CA
IDEA Health & Fitness Association, California Chapter, Member
Guild For Structural Integration - Boulder, CO, Member
Continuum Movement - Santa Monica, CA, Certified Teacher
The International Academy of Holographic Practitioners - Seattle, WA, Certification
Living-in-Process - Boulder, MT, Deep Process Facilitator
Rolf Institute - Boulder, CO, Certified Rolf Movement Practitioner, Member
American College of Natural Healing Sciences - Mesa, AZ, Certified Massage Therapist
American Massage & Therapy Association, Arizona Chapter, Member

TEACHING, SMALL BUSINESS OPERATION & OTHER EMPLOYMENT

Private writing coach; fiction, non-fiction, academic papers, resumes - 2005 - Present

Life Coach- Adult development, career counseling, academic counseling, personal goals, relationship coaching, unlocking creativity, boosting self-esteem, trauma resolution, movement therapy, addiction recovery, www.gleahpowerscoach.com 2002 - Present

Antioch University Los Angeles, Adjunct Faculty, undergraduate creative writing & movement workshops; academic and creative writing tutor for undergraduate and graduate students - 2007 – 2010

Continuum Movement teacher - private practice, group classes, workshop leader locally, nationally, Canada - 1996 - 2003

Continuum Movement performance - CD Release Party for Yuval Ron "In Between the Heartbeat", 18th St. Arts Complex, Continuum Studio, Santa Monica, CA - 1998

Holographic Memory Release Practitioner - A technique to clear the nervous system for greater energy, clarity, health and creativity - 1995 - 1999

Gleah Powers

Gleah Powers Studio - Fine Art - Produced, marketed, exhibited, sold original works of art in galleries, museums and retail stores, solo and group exhibitions, private collectors –Costa Mesa, CA -1986 – 1995

Marion Berzon Talent Agency - Commercials, print work, magazines, catalogs - Los Angeles, CA - 1982-1984

R.G. & G. Powers - Rolfing & Rolf Movement - Co-founder. Developed office procedures, advertising, designed and taught movement programs – Costa Mesa, CA - 1979 - 1987

Massage therapist, private practice and Elizabeth Arden Golden Door Spa - Phoenix, AZ-1977 - 1979

The est Organization (aka Landmark Forum) - Assistant to enrollment manager, New York office; trained, supervised phone teams & seminar leaders, filled several trainings per month, led seminars, managed large events – 1975-1976

Ordway P. Burden-Philanthropist - Administrative Assistant - organized office operations; hired, trained, supervised clerical staff, arranged speaking engagements, travel schedule and social affairs – New York, NY - 1974 – 1975

Fashion modeling, print work, musical variety acts, showcase productions- New York, NY - 1973-1976

Miss Phoenix, Miss Arizona beauty pageant - 1973 Noble Agency - Commercials, print work-nightclub act - Mexico City, MX - 1970-1972

Zabriskie Point, Michelangelo Antonioni. I met Mr. Antonioni through Dean Tavoularis, the art director and Ray Summers, the costume designer on this film. From there, my role grew from being Mr. Summers' assistant on the costumes to being deputized by Antonioni to help him meet other young Americans and learn about American culture. It helped that I knew how to play gin rummy - 1968-1969

Paul Coze Art Studio-Assisted in execution of commissioned art works, mural painting, on-site installations & limited editions; managed studio and art classes – Intermittently - Phoenix, AZ - 1967 – 1973

QUALIFICATIONS

- Writer, editor
- Creative and academic writing teacher/coach/tutor
- Graduate Writing Consultant
- Fine artist
- Life Coach
- Movement teacher/therapist
- Somatic bodywork practitioner
- Entrepreneurial operation of three small businesses
- 20 plus years experience in all aspects of the human potential field